

Working together to reach your goals



Buckinghamshire **Children**
and **Young People's** Trust



Buckinghamshire
Children & Young
People's Plan
2008/09

The Children and Young People's Plan is about all the services available for 0 - 19 year olds. Young people have written this simpler and shorter version to make it easier for young people to read.

The Plan has five key priorities. These are:

Prevention

- **Keeping you safe and stopping problems from arising.**

Participation

- **Letting you get involved in decisions that affect your life.**

Tackling under achievement

- **Giving everyone the chance to achieve their best in and out of school.**

Active lifestyles

- **Giving you opportunities to get out and get active.**

Keeping children and young people safe

- **From maltreatment, violence, neglect and sexual exploitation; from accidental injury and death; from bullying and discrimination; from crime and anti-social behaviour and ensuring they have security, stability and are cared for.**

The Children and Young People's Plan is based on five outcomes: Be Healthy, Stay Safe, Enjoy and Achieve, Make a Positive Contribution and Achieve Economic Well Being. Under each outcome there is a lot of work taking place. Examples of work that's already going on, and things that we will consider looking at in the future are included in this leaflet.

Be Healthy



- **Balanced Diet.**
- **Be sensible with alcohol.**
- **Easy access to help and advice.**
- **More exercise, less T.V./ computer games.**
- **No smoking/drugs.**

Stay Safe



- Be sensible when you are a passenger in a car.
- Extra help for you and your family if you need it.
- Know who to trust.
- Look for signs of neglect and abuse.
- Tell someone if you are being bullied.



Enjoy & Achieve

- Don't do less than your best.
- Good social/work balance.
- Have fun in and out of school.
- Take part in activities you enjoy.
- Work hard while you are learning.

Achieve Economic Well Being

Achieve Economic Well Being means to be helped with achieving your full potential. It's about things like:

- Cleaner parks to play in.
- Helping you decide your options - stay in school, start training or get a job.
- Making it cheaper for you to travel.
- Preparing you for work.
- Tackling childhood poverty .



Make a Positive Contribution



- Give your opinion.
- Help other people.
- Speak your mind (when appropriate!)
- Treat people how you want to be treated.

We hope this leaflet has helped you to understand the Children and Young People's Plan.

If you would like more information on any of the issues raised in this leaflet you can contact the Connexions Direct Advice Line:

Tel: 080 800 132 19

Having Your Say

It is important for us that we know what you think about the work we do and that you get involved in improving things. If you would like to get more information about getting involved please email: Participation@buckscc.gov.uk

Or if you would like to get involved with Bucks Youth Cabinet or get them to raise an issue on your behalf email: Byc@buckscc.gov.uk

Or call on: 01296 382 448



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